

Little Dipper Kids' Trail Run

Saturday, June 4, 2022 • 2 pm

4 Miles, 2 Miles or a FREE 1K!

Runners receive a customized swag item and FREE ICE CREAM!

Register at www.runwildmissoula.org

Brought to you by: Parks & Recreation, Girls Run Missoula, Big Dipper Ice Cream, Run Wild Missoula



Join Parks and Recreation and the Garden City Flyers for a free, family-friendly round of disc golf. Never played before? Your friendly Parks and Rec staff will be happy to lend you a disc and help you learn the basics. If you like walking in the parks with your friends and family, you will love adding the challenge and fun of throwing a disc to a target. We'll create challenging but kid-friendly 9-hole courses in a different city park each week.

Program is free, no pre-registration necessary.

DATE	PARK	WEDNESDAYS, 5 - 7:30 PM
May 18	McCormick	
May 25	Silver	
June 1	Pineview	
June 8	Ben Hughes	
June 15	Fort Missoula	
June 22	Wapikiya	
June 29	Broadway Island*	
July 6	Ben Hughes	
July 13	Fort Missoula	
July 20	Marilyn	
July 27	Garland	
August 3	McCormick	
August 10	Silver	

*Meet at Silver Park pavilion to walk over to Broadway Island City Open Space.

Back for a 18th Season!

Jr. Playmakers Flag Football

Missoula youth in grades K - 7 hit the gridiron for another season of flag football. Jr. Playmakers emphasizes FUN, FAIR PLAY & GOOD SPORTSMANSHIP. Youth learn the basics of football from volunteer coaches and use those skills on the playing field. Jr. Playmakers is for kids of all abilities where equal playing time and equal participation is expected and encouraged.

Coaches needed! If you are a parent/coach with football experience and would like to volunteer, please email Meg Whicher at whicherm@ci.missoula.mt.us

Important Registration Deadlines

To make the scheduling process fair and efficient for all, we ask that you please observe the following deadlines:

- Early registration deadline is Monday, August 1. Price increases after this date.
- Monday, Aug. 15: All registration is due.
- Aug. 16-17: No registration accepted while we form teams and create schedule.
- **Last chance registration accepted in person ONLY, Thursday, August 18, 5:30- 6:30 pm** on a first-come, first-served basis, if space is available in the league. Register at Currents Aquatics Center. (Sorry, no phone or online last-chance registration.) Thanks for your understanding and cooperation.

Ages	Children in grades K-7
Fee	\$65/53 with CityCard by Aug 15. \$70/57 on Aug. 18.
Practice	Coaches will set practice times and location. Practices begin the week of August 29
Games	Begin week of Sept 12- Oct. 12 5-game league with Pumpkin Bowl tournament-2 week post season tournament Oct 17 - Oct. 26
Location	Fort Missoula Regional Park Softball Complex
Coaches	Mandatory coaches meeting Mon, Aug 22., 6pm Bella Vista Pavilion FMRP

Activity Code: 3332503

GRADE	LEAGUE	FORMAT	GAME DAY	TIME
K	Intro to Skills League	5v5	Mon.	5:45pm
1	Introductory League	7v7	Mon.	5:45pm
2	Pee Wee League	7v7	Mon.	5:45pm
3	Development League	7v7	Wed.	5:45pm
4	Development League	7v7	Wed.	5:45pm
5	Alternative to Contact League	7v7	Tues.	5:45pm
6 - 7	Alternative to Contact League	7v7	Tues.	5:45pm

Share The Fun Youth Recreation Grants available! Visit www.missoulaparks.org or stop by Currents. Grants funded by Little Grizzly Football.