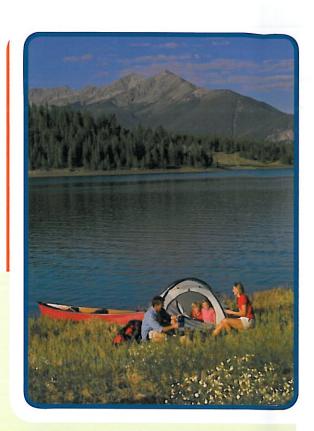
Employee Assistance Program

The EAP provides services to help people privately resolve problems that may interfere with work, family, and life.

The EAP is provided for **FREE** (no out of pocket cost), and confidential services cover employees and their dependents, living at or away from home, and all household members, related or not.

Counseling

- Confidential Counseling up to 6 face-to-face counseling sessions for each new issue, including family, relationship, stress, anxiety, and other common challenges.
- 24-hour Crisis Help toll-free access for you or a family member experiencing a crisis.
- RBH eAccess[™]- convenient access to on-line consultations with licensed counselors.



Life Balance

- Childcare Services childcare professionals provide information and support on parenting, school issues, adoption, college planning, teenager challenges, summer camps, daycare, and other important issues for parents.
- Adult and Eldercare Services adult and eldercare specialists assist in finding quality information and services including transportation, meals, exercise, activities, prescription drug information, in-home care, day care, and housing.
- Legal Services a free, half-hour consultation, by phone or in person, followed with a 25% discount in legal fees. Legal services are not provided for any employer related issues.
- Will Preparation a free, simple kit for member completion, returned for review by a legal professional.
- Mediation Services free consultations for personal, family, and non-work related issues such as divorce, neighbor disputes, or real estate. A discount of 25% is available if a professional mediator is retained.
- Financial Services free telephone consultations for financial issues such as debt counseling, budgeting, and college or retirement planning. A discount of 25% is available if a CPA is retained.
- Identity Theft Services support in planning the recovery process for restoring your identity and credit after an incident.
- Personal Advantage a life balance website with current articles on health conditions, tools for parenting, health
 assessments, health-topic movies, and other interactive tools including access to more than 50 on-line trainings.
- Worksite Services telephonic supervisor consultations, on-site orientations, topical trainings, critical incident response, and on-line supervisor resources.

