600 Cregg Lane Missoula, MT 59801 www.missoulaparks.org



## Missoula Parks and Recreation Public Service Announcement

For immediate release through March 15, 2020

### Parks and Recreation fun for the week of March 9

Join Missoula Parks and Recreation this week for <u>Currents Family Fridays</u>, <u>School's Out Day Camps</u> and so much more!

For more information, visit the links below or check out the Winter Recreation Guide.

Contact us via <a href="mail">email</a>, by phone 721-PARK (7275), or stop by Currents Aquatics Center in McCormick Park. Register online at <a href="mailto:www.missoulaparks.org/register">www.missoulaparks.org/register</a>. <a href="mailto:Share The Fun Recreation Grants">Share The Fun Recreation Grants</a> are available for seniors/families who need financial assistance.

## Week of March 9

Missoula Movers Coffee Walks • Mondays, for active adults Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. After the walk, enjoy a hot drink with fellow hikers! Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

<u>Currents Family Fun Fridays - Save 50%! • March 13, all ages</u> Bring the family to Currents for Friday night open swim and save 50% off regular admission! (40% off CityCard pricing.) \$12 per family, up to 4 people. \$3.50/additional family member. Meets March 13, April 10.

<u>School's Out Day Camps • Mar. 13, 16-20, ages 5 - 12</u> Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Fee includes all field trips and equipment. Meets 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount, or \$180/\$150 for the week.

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### Week of March 16

<u>Currents Aquatics Center Spring Break Hours</u> Currents Aquatics Center is open for recreational swim weekdays from 10 a.m. to 8 p.m., Saturdays from 11 a.m. to 7 p.m. and Sundays, 11 a.m. to 6 p.m. The Wibit inflatable obstacle course is in the pool M/W/F from 2 to 4 p.m.

School's Out Day Camps • Mar. 16-20, ages 5 - 12 Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Fee includes all field trips and equipment. Meets 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount, or \$180/\$150 for the week.

<u>Learn to Play Pickleball Level 1 Clinics • Saturday, March 21, ages 12+</u> Learn the basics of the game and get ready for open or league play. All necessary equipment (paddles, balls, nets) provided. If you've never played pickleball, this is the place to start. Pre-registration is required, \$6 per session. Meets 10:30 a.m. to 12:30 p.m. at City Life Gym.

<u>Currents Open Kayak Nights • Ongoing, Ages 15+</u> Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. For 15 & up, youth under 15 allowed with direct adult supervision. Meets Tuesdays & Thursdays, 8-10 p.m., through April 30. Regular Currents admission fees apply.

# **Ongoing Programs**

- Currents Open Swim
- <u>Currents 7-Day Free Adult Pass</u> City and County residents may sign up for one week free at Currents, new customers only, ages 18+.
- <u>Currents Swim Lessons Ongoing, all ages</u> Professional, affordable aquatics instruction for ages
   6 months through adult at Currents or Splash Montana. Private and small group swim lessons
   available, email CurrentsSwimLessons@ci.missoula.mt.us.
- <u>Currents Swim Squad Ongoing, ages 6+</u> Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.
- Aquacize! at Currents Ongoing, ages 16+ muscles in our fun water aerobics classes.

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- Ripples Party Room at Currents
   Host your next celebration at Currents! Ripples parties feature a variety of affordable party packages and all-day free swim for your guests. Call 721-PARK.
- <u>Currents Open Kayak Nights Ongoing, Ages 15+</u> Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. For 15 & up, youth under 15 allowed with direct adult supervision. Meets Tuesdays & Thursdays, 8-10 p.m., through April 30. Regular Currents admission fees apply.
- <u>Pickleball Open Play and Weekend Round Robin Ongoing, ages 12+</u> Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors at City Life Gym, 1515 Fairview.
- <u>Preschool Portable Parties</u> Strider bikes, Loose Parts portable playground and games at the City Life gym, a City park, or your location. Contact Meg Whicher at 552-6271 or <u>mwhicher@ci.missoula.mt.us</u>.
- Rent the City Life Gym at 1515 Fairview for your party, sports practice or special event. Contact Meg Whicher at 552-6271 or <a href="mailto:mwhicher@ci.missoula.mt.us">mwhicher@ci.missoula.mt.us</a>.
- Outdoor Recreation Build Your Own Adventure! Ongoing, all ages Top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team-building activities. Contact Meg Whicher at 552-6271 or <a href="mailto:mwhicher@ci.missoula.mt.us">mwhicher@ci.missoula.mt.us</a>.

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