
PARKS AND RECREATION PUBLIC SERVICE ANNOUNCEMENT

For immediate release through March 31, 2019

Parks and Recreation fun for the week of March 25

Join Missoula Parks and Recreation for Coffee Walks, swim stroke analysis and much more. Learn more at the links below. [Register online](#) for all programs, phone 721-PARK (7275) or stop by Currents Aquatics Center in McCormick Park.

Mar. 25 - 31

[Missoula Movers Coffee Walks • Mondays, for active adults](#)

Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. We'll even provide snowshoes if it snows. After the walk, enjoy a hot drink with fellow hikers! Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

[Currents Spring Break Aqua-Discovery Day Camp • Mar. 25-29, ages 5+](#)

Kids ages 7 and up will have a splashing good time at Aqua-Discovery Camp! Includes instruction in Snorkel and Fin, Water Polo, basic Lifeguard/CPR/First Aid skills, and other exciting aquatics activities. Bring your lunch for the first 4 days, and we'll celebrate on Friday with a pizza party. Camp fees include towels for the week, Friday lunch, and all activities and equipment. Meets 8am - 5:30pm. Registration fee is \$185 for the week, or \$150 with CityCard resident discount.

[Witbit Obstacle Course at Currents • March 25-29, all ages](#)

Climb and play to your heart's content on our Witbit floating obstacle course. The Witbit is a fun, physical challenge for swimmers of all ages and abilities. Wibit is in the water from 2 p.m. to 4 p.m. on March 25 to March 29.

[School's Out Day Camps • Mar. 25-29, ages 5 - 12](#)

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount, or \$180/\$150 for the week.

Apr. 1 - 7

[Missoula Movers Coffee Walks • Mondays, for active adults](#)

Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. We'll even provide snowshoes if it snows. After the walk, enjoy a hot drink with fellow hikers! Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

[Jr. Playmakers Ultimate Frisbee • Register by April 1, boys and girls in grades 3 – 8](#)

Seven-week Ultimate league, learn the basics and get your very own disc! Register by Monday, April 1, fee is \$50 per player, or \$40 with CityCard resident discount. Share The Fun Youth Recreation Grants available for families needing financial assistance.

[Adult 7v7 Soccer League • Register by April 1, ages 18+](#)

Co-rec, women's and men's leagues, April 8 to May 9. Games played at FMRP Bella Vista field. Register by April 1, \$125 per team. Late registration, \$135 per team, accepted if space is available.

[Adult 3v3 Basketball League • Register by April 1, ages 16+](#)

Six-week league for beginning to advanced players. Recreational and competitive divisions are open to ages 16 and up, the high school division is open to students in grades 9-12. Register by April 1, \$175 per team. Late registration, \$200 per team, accepted if space is available.

[American Red Cross Lifeguarding and First Aid • April 2-18, ages 15+](#)

Get certified to lifeguard and work at Splash Montana or Currents! Meets T/Th, 5:30 – 9 p.m. at Currents. Course fee is \$70.

[Learn to Play Pickleball Level 1 Clinics • Apr. 6, ages 12+](#)

Learn the basics of the game and get ready for open or league play. All necessary equipment (paddles, balls, nets) provided. If you've never played pickleball, this is the place to start. Pre-registration is required, \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m. at Parks' Sports and Wellness Gym, 1515 Fairview. Level 1 also meets April 20.

On-going Programs

[Currents Open Swim • Ongoing, all ages](#)

[Currents Swim Lessons • Ongoing, all ages](#)

Professional, affordable aquatics instruction for ages 6 months through adult in Currents' warm indoor pool.

[Ripples Party Room at Currents • Ongoing, all ages](#)

Make your next birthday or group celebration extra-special at Ripples Party Room.

FOR RELEASE MARCH 18, 2019

MORE

[Aquacize! at Currents • Ongoing, ages 16+](#)

Increase flexibility, improve cardio fitness, and tone muscles in our water aerobics classes.

[Currents Swim Squad • Ongoing, ages 6+](#)

Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.

[Open Kayak at Currents • Jan. 3 – Apr. 25, ages 15 and up](#)

Bring your cleaned and scoured boat to work on your roll skills.

[Pickleball Open Play • Ongoing, ages 12+](#)

Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors.

[Discovery Corp Afterschool Camp • Ongoing, grades K-5](#)

Includes afterschool transportation, a healthy snack, and fun seasonal activities.

[Preschool Portable Parties](#)

Strider bikes, Loose Parts portable playground, fun and games at the Sports and Wellness gym or your location.

[MORE Build Your Own Adventure! • Ongoing, all ages](#)

Offering top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team building activities. Contact Meg Whicher, Outdoor Recreation Specialist, at 552-6271 or mwhicher@ci.missoula.mt.us for more information.

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