

PUBLIC SERVICE ANNOUNCEMENT

For immediate release through October 14, 2018

Parks and Recreation fun for the week of October 8

From tennis, to folf, to youth sports and more, Parks and Recreation offers fall fun for all ages. Learn more and register online at www.missoulaparks.org, phone 721-PARK (7275) or stop by Currents Aquatics Center. During inclement weather, call the Parks and Recreation Rainline, 541-7200, after 4:30 p.m. for program updates.

Oct. 8 - 14

Missoula Movers Coffee Walks • Mondays, for active adults

Enjoy the company of old and new friends on guided walks through Missoula's conservation lands, parks, and trails. After our walks, we'll enjoy hot drinks and good company. Please dress for winter outdoor activity. Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

Folf in the Parks • Oct. 8, all ages

Join Parks and Recreation and the Garden City Flyers for a free, family-friendly round of disc golf in your local parks on Tuesday evenings from 4 – 6 p.m. New to Folf? We'll help you learn the basics. Bring your own discs, or use ours. Meets Oct. 8 at Broadway Island, Oct. 16 at Pineview Park.

Zootown Derailleurs Classic Youth Cyclocross Race • Oct. 13, ages 3 to adult

Missoula's just-for-kids cyclocross race in Osprey Stadium and Silver Park. Events start at 9 a.m. Register online at bikesignup.com.

Learn to Play Pickleball Level 1 Clinics • Oct. 13, ages 12+

Parks and Recreation staff and/or Zoo Town Pickleball players teach you the basics of the game and get you ready to attend our Open Play sessions and/or League Play. All necessary equipment (paddles, balls, nets) will be available to use during the clinic. Pre-registration required. For ages 12+, registration fee is \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m. at Parks' Sports and Wellness Gym, 1515 Fairview. Level 1 meets Oct. 13, Oct. 27, Nov. 10, Dec. 1, and Dec. 15.

[Riverfront Ramble Disc Golf Tournament • Oct. 14, all ages](#)

Join Parks and Recreation and the Garden City Flyers for the 3rd annual Riverfront Ramble Disc Golf Tournament at 10:30 a.m. Each participant will receive a glow in the dark Innova disc featuring the tournament logo. All proceeds help support the free Folf in the Parks program. Sign up at the event. Registrations fee: Youth 17 and under \$10, Adults \$20.

[Jr. Playmakers Basketball • Register through Oct. 24, boys & girls grades 2-5](#)

Kids will hit the court running for another great season of Jr. Playmakers Basketball with an emphasis on FUN, FAIR PLAY, and GOOD SPORTSMANSHIP. Youth will learn basic basketball skills from volunteer coaches, and use those skills on the court. Meets Nov. 2 – Feb. 24, games on Friday evenings, and practices are TBD. Registration is accepted through Oct. 24; fee is \$135/118 per player with CityCard resident discount. Last chance registration Oct. 31, no registration accepted Oct. 25 – 30.

Oct. 15 - 21

[Missoula Movers Coffee Walks • Mondays, for active adults](#)

Don't spend the winter inside! Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. We'll even provide snowshoes if it snows! After our walks, we'll enjoy hot drinks and good company. Please dress for winter outdoor activity. Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

[Folf in the Parks • Oct. 16, all ages](#)

Join Parks and Recreation and the Garden City Flyers for a free, family-friendly round of disc golf in your local parks on Tuesday evenings from 4 – 6 p.m. Never played before? We will help you learn the basics. Bring your own discs, or borrow them from your friendly park staff. Meets Oct. 16 at Pineview Park, and Oct. 23 at Silver Park.

[School's Out Day Camps • Oct. 18-19, ages 5 - 12](#)

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets Oct. 18-19, Nov. 9, Dec. 26-28, Jan. 2-4; 8 a.m. to 5:30pm, location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount.

[Currents Rec Swim and Climbing Wall • Oct. 18-19, all ages](#)

School's out and Currents is open! Recreation swim is 10 a.m. to 8 p.m. weekdays. The poolside climbing wall is open 2 - 4:30 p.m. October 18 and 4 - 8 p.m. October 19. Currents is closed for annual maintenance October 20 - 28.

[Fort Missoula Regional Park hosts old-fashioned Fall Family Fest on October 20](#)

FOR RELEASE OCTOBER 4, 2018

MORE

Fall is here... it's time for hayrides, apple cider and an old-fashioned harvest festival! Fort Missoula Regional Park invites kids and their families to the 18th Annual Fall Family Fest and Kaboom! Play Day on Saturday, October 20 from 1 p.m. to 4 p.m. Fall Family Fest is great fun for the whole family and includes accessible hayrides, games and crafts for all ages, face painting, parachute and cooperative games, cider pressing, active games, Strider bikes, folf and much more.

Fall Family Fest features live music and food and beverage vendors. The suggested donation is \$1 per person; proceeds benefit "Share The Fun" Youth Recreation Grants.

[Currents closed for annual maintenance • Oct. 20 -28](#)

Currents is closed for annual maintenance to deep clean and upgrade the facility. The Parks administrative offices at Currents are open Oct. 22 - 26, 8:30 a.m. to 4:30 p.m. for registrations and rentals.

[Jr. Playmakers Basketball • Register through Oct. 24, boys & girls grades 2-5](#)

Kids will hit the court running for another great season of Jr. Playmakers Basketball with an emphasis on FUN, FAIR PLAY, and GOOD SPORTSMANSHIP. Youth will learn basic basketball skills from volunteer coaches, and use those skills on the court. Meets Nov. 2 – Feb. 24, games on Friday evenings, and practices are TBD. Registration is accepted through Oct. 24; fee is \$135/118 per player with CityCard resident discount. Last chance registration Oct. 31, no registration accepted Oct. 25 – 30.

Oct. 22 - 28

[Missoula Movers Coffee Walks • Mondays, for active adults](#)

Enjoy the company of old and new friends on guided walks through Missoula's conservation lands, parks, and trails. We'll even provide snowshoes if it snows! After our walks, we'll enjoy hot drinks and good company. Please dress for winter outdoor activity. October 22 session meets at Clyde Coffee, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

[Jr. Playmakers Basketball • Register through Oct. 24, boys & girls grades 2-5](#)

Join us for another great season of Jr. Playmakers Basketball with an emphasis on FUN, FAIR PLAY, and GOOD SPORTSMANSHIP. Youth learn basic basketball skills from volunteer coaches, and use those skills on the court. Meets Nov. 2 – Feb. 24, games on Friday evenings. Registration is accepted through Oct. 24; fee is \$135/118 per player with CityCard resident discount. Last chance registration Oct. 31, no registration accepted Oct. 25 – 30.

[Folf in the Parks • Oct. 23, all ages](#)

Join Parks and Recreation and the Garden City Flyers for a free, family-friendly round of disc golf in your local parks on Tuesday evenings from 4 – 6 p.m. Never played before? We will help you learn the basics. Bring your own discs, or borrow them from your friendly park staff. Meets Oct. 23 at Silver Park.

Super Sprouts Sports Skills • Oct. 27 – Dec. 8, ages 3 – 5

Budding sports stars will develop their coordination while having fun and learning about a variety of sports, balance and movement skills. Includes Strider bikes and the Loose Parts portable playground, along with the classic sports kids love. Parent participation is welcome and encouraged! Join us for fun field trips like Peaceful Heart Yoga, swimming lessons at Currents Aquatics Center, flag football at Playfair, skating at Glacier Ice Rink, and tumbling at Mismo Gymnastics! (Activities subject to change.) Meets Fridays, 11 - 11:45am, Oct. 27 – Dec. 8 at MPR Sports & Wellness Center, 1515 Fairview Ave. The registration fee is \$50/40 with CityCard resident discount.

Tiny Sprouts • Oct. 27 – Dec. 8, toddlers to age 3

Little ones, walking toddlers to age 3, will learn to play together with our soft and safe equipment. Some basic sport skills will be introduced. Parent participation is welcome and encouraged! Meets Fridays, 10:15 - 10:45am, Oct. 27 – Dec. 8 at MPR Sports & Wellness Center, 1515 Fairview Ave. The registration fee is \$25/20 with CityCard resident discount.

Coming Soon!

Last Chance Registration day for Jr. Playmakers Basketball • Oct. 31, boys & girls grades 2-5

Join us for another great season of Jr. Playmakers Basketball—with an emphasis on FUN, FAIR PLAY, and GOOD SPORTSMANSHIP. Youth will learn basic basketball skills from volunteer coaches, and use those skills on the playing court. Meets Nov. 3 – Feb. 25, games on Friday evenings, practices TBD. Registration fee is \$135/118 per player with CityCard, must register **in person** at Currents Aquatics Center on Tuesday, Oct. 31.

Currents Inner-Tube Water Polo League • Register by Nov. 1, ages 16 and up

Fun, exciting and best of all...you don't need a lot of experience to be competitive! Currents' Inner-Tube Polo is pure recreation. Sit in the tube, pass the ball, and score. Five player co-rec teams square off in the water in tournament play. Teams are comprised of five players; including at least two males and two females. Meets Sundays, Nov. 4 - Dec. 16, 6-9 p.m. Register by Nov. 1; fee is \$60 per team. Late registration is accepted if space available. Rosters at Currents or [online](#).

Free! Sign up for Kiwanis Basketball • Register by Dec. 17, grades 6-8

Parks and Recreation is hosting Kiwanis Basketball sign-ups this year. It's the same great free program for boys and girls in grades 6-8...Parks and Recreation will sign you up and Kiwanis will do the rest! Season runs January-March, games are weekday evenings. Register by Dec. 17 online or give us a call at 721-PARK. For more information please visit missoulakiwanis.com.

On-going Programs

[Currents Open Swim • Ongoing, all ages](#)

Currents Aquatics Center is open for open/recreation swim Mon. - Friday 10 a.m. to 8 p.m., Saturdays 11 a.m. to 7 p.m. and Sundays 11 a.m. to 6 p.m. Lap swim schedule and more info at missoulaparks.org.

[Ripples Party Room at Currents • Ongoing, all ages](#)

Make your next birthday or group celebration extra-special at Ripples Party Room. Rentals include Ripples for 80 minutes and unlimited swimming for you and your guests on party day! Add pizza and a bakery or ice cream cake for a stress-free event, or, bring your own treats. Call 721-PARK or stop by Currents to reserve.

[Aquacize! at Currents • Ongoing, ages 16+](#)

Increase flexibility, improve cardio fitness, and tone muscles in our water aerobics classes. All fitness levels welcome, no swimming skill required. Drop-in class, no pre-registration needed. Purchase a 30-swim punch card or annual pass and save 25-55%! Meets Monday through Saturday, details at missoulaparks.org.

[Currents Swim Squad • Ongoing, ages 6+](#)

Swim Squad is designed for youth who can swim the length of the pool without stopping and are looking for new challenges in the water. Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment. Meets T/Th, Sept. 11 - Dec. 4, 4:15 - 5:15 p.m.; at Currents, join any time. Fee for 10 practices is \$30, or \$25 with CityCard resident discount.

[Pickleball Open Play • Ongoing, ages 12+](#)

Join us for active, fun, and social Open Play sessions! Beginner to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors. Parks and Recreation provides the nets, paddles and balls for each session; or bring your own paddle and ball. Some open play sessions are designated by skill level. For monthly schedules and more info, please visit our website www.missoulaparks.org.

[Discovery Corp Afterschool Camp • Ongoing, grades K-5](#)

Sign up for adventure-filled active programming for your child—keeping them engaged, moving, and exploring. We provide afterschool transportation, provide a healthy snack, and facilitate an amazing activity. Meets weekdays, choose the days your child attends. Pick-up available at Paxson, Russell, Lewis and Clark, Chief Charlo, Lowell, Rattlesnake or drop your child at Currents.

MORE Build Your Own Adventure! - Ongoing, all ages

Our outdoor recreation program offers top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team building activities. Our highly trained professional staff will lead your group adventure in rafting and kayaking, rock climbing, mountain biking, folk, high and low ropes course, team building and much more. Contact Meg Whicher, Outdoor Recreation Specialist, at 552-6271 or mwhicher@ci.missoula.mt.us for more information.

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