

# PROCLAMATION

**WHEREAS**, studies show that many Missoulians have a significant struggle with emotional disturbances such as depression and anxiety; and

**WHEREAS**, there is an economic burden associated with depression and anxiety for the cost of treatment, absenteeism and presenteeism, which is showing up for work and not performing well due to illness; and

**WHEREAS**, Montana has been at or near the top in the nation for the rate of suicide for nearly 40 years; and

**WHEREAS**, research in the last 5 years has indicated that increasing resilience is a good way to reduce health care costs, increase vitality and productivity, and creates a starting place for awareness and education.

**NOW THEREFORE**, I, John Engen, Mayor of the City of Missoula, in the State of Montana, hereby recognize the week of November 13-19, 2017 as;

## COMMUNITY RESILIENCE WEEK

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the great seal of the City of Missoula, in the State of Montana, to be affixed at Missoula, Montana, this 13th day of November, in the year two thousand seventeen.



A handwritten signature in blue ink, appearing to read "John Engen".

John Engen  
Mayor