

Missoula Parks and Recreation Pickleball – Returning To Indoor Play, Fall 2020

To our valued pickleball friends:

We hope this message finds you and your family safe and well. Over the last several months, we’ve all had to adapt to monumental changes in the way we live, work, and play to protect public health. We appreciate your cooperation and support as we work together to reopen facilities safely and resume indoor pickleball.

The Fall indoor pickleball season runs October 13 to December 19 at City Life Gym, 1515 Fairview.

- \$6 per session, or see punch card pricing below.
- Indoor play does not meet on:
 - Nov 11 (Veteran’s Day)
 - Nov 13 & 14 (gym unavailable)
 - Nov 25 – 28 (Thanksgiving)

BUY AN OPEN PLAY PUNCH CARD AND SAVE!		
NUMBER OF SESSIONS	PRICE	PER VISIT COST
10-punch	\$50	\$5.00
20-punch	\$90	\$4.50
30-punch	\$120	\$4.00

PROGRAM*	DAY Oct. 13-Dec.19	TIME
Morning Open Play	Monday – Friday	8am – 10am
Evening Open Play	Wednesday & Friday	6pm – 8pm
Skill Level Play - Advanced	Saturday	8am – 10am
Skill Level Play - Competitive	Saturday	10:30am – 12:30pm
Skill Level Play – Open	Saturday	1pm – 3pm
Skill Level Play – Intermediate	Saturday	3:30pm – 5:30pm

***All sessions are limited to 20 people, advance sign-up recommended.**

Click the button at right to sign up.



COVID-19 Rule Changes and Safety Procedures

In consultation with the Missoula City-County Health Department, we’ve modified our Fall 2020 pickleball schedule to give players the option to play with some restrictions in place.

Many thanks to the pickleball players who have complied with public health orders and Parks and Recreation COVID-19 safety protocols. We appreciate your commitment to the health and safety of your fellow players, our staff and the Missoula community.

Masks required at all times during indoor pickleball

In light of the recent surge of COVID cases throughout the state and the approach of cold and flu season, Parks and Recreation will require masks at all times at indoor pickleball, including during play.

We understand it may be inconvenient to wear a mask while exercising, but it is critical for the safety of participants, staff and the entire community—and is not negotiable. We believe this is the only responsible course of action for indoor play at this time. The alternative is to cancel our pickleball program this fall and winter.

Please see the table below for information on where to buy breathable masks specifically designed for sports and fitness.

Cloth face coverings can slow the spread of COVID-19 and help prevent infected asymptomatic individuals from transmitting it to others, [according to the CDC](#). Other local indoor pickleball facilities also require masks during play.

Although the [MCCHD face-covering order](#) does make an exception for “strenuous exercise,” pickleball is classified as moderate exercise. Our on-site staff is not equipped to measure heart rates or debate the meaning of “strenuous” during indoor play sessions. **If you are not comfortable wearing a mask to play, please join us next spring at our outdoor program.**

The City’s leadership team and Parks and Recreation management are fully on board with this decision, and it was not taken lightly. Parks and Recreation serves thousands of residents daily through recreation and aquatics programs, parks and open spaces, and the City Life Gym. In order to continue providing essential child care and recreation services during the pandemic, we must take every precaution to avoid being the source of a coronavirus outbreak. We hope you will support our efforts.

If you have questions or concerns about this policy, please address your concerns directly with Recreation Facilities Manager Spencer McCorkel, [via email](#), and not with our on-site staff. We appreciate your consideration.

- All sessions are limited to 20 people. Advanced signup is recommended – signup opens 7 days prior at www.signupgenius.com.
- Session times are spread out to allow groups to filter in and out without contact. Players should not arrive more than 15 minutes prior to your session, and exit City Life within fifteen minutes after to reduce contact between groups. This is the same COVID-19 restriction we have with all other Parks adult sports.
- There will be 3 pickleball courts in play at once. If there are more than 12 players, the other players waiting for their turn should wait in the lobby to reduce crowding in the gym. Please use the same paddle-stack approach to dubs courts next.
- Players should complete a [pre-game health self-assessment form](#) before coming to the courts to play.
- Players are responsible to self-monitor and wash hands before and after play.
- Shared equipment will be sanitized before and after play, and when conducive, during play.
- Seeds, spitting of seeds, tobacco, and alcohol products of any type are not permitted at Parks facilities.
- Be mindful of touching your face during and after play.
- Balls will be sanitized in between each game. Please trade your used ball for a clean one with the site facilitator in between games.

Athletic mask recommendations on next page.

Sessions are limited to 20 players, sign up today!



Looking for an athletic mask?

We understand that wearing a mask during physical activity can be uncomfortable for some. You don't need to wear an athletic-specific mask, but if you're looking for a mask geared towards physical activity, we've put together a comparison of several athletic masks currently on the market.

BRAND*	# OF LAYERS	ADJUSTABLE/SIZED	# OF MASKS	PRICE
Under Armour	3	X	1	\$ 30.00
New Balance	3		3	\$ 24.99
Boco Gear	2		1	\$ 13.99
Keen	2	X	2	\$ 14.00
Adidas	2	X	3	\$ 16.00
Kitsbow Wake	4	X	1	\$ 29.95
Kitsbow HEPA	Multi + HEPA	X	1	\$ 24.95

* If you cannot click on the hyperlinks and would like them emailed to you, or you have questions about the program, please email [Anna Bruning](#), Recreation Events & Adult Sports Coordinator, or phone 406-552-6684.

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