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**Parks&Recreation**  
City of Missoula • 600 Cregg Lane • 721-PARK

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## Missoula Parks and Recreation Public Service Announcement

*For immediate release through March 29, 2020*

### Parks and Recreation fun for the week of March 23

Join Missoula Parks and Recreation this week for [Jr. Playmakers Youth Soccer](#), [Tiny and Super Sprouts preschool programs](#), and so much more!

For more information, visit the links below or check out the [Winter Recreation Guide](#).

Contact us via [email](#), by phone 721-PARK (7275), or stop by Currents Aquatics Center in McCormick Park. Register online at [www.missoulaparks.org/register](http://www.missoulaparks.org/register). [Share The Fun Recreation Grants](#) are available for seniors/families who need financial assistance.

### Week of March 23

#### [Jr. Playmakers Youth Soccer League Registration Deadline • March 23, grades K – 5](#)

Kids will have a blast learning the basics of soccer. Two weeks of Tuesday evening practice start the season, followed by a 5-week Thursday night league. Meets April 7 to May 21, 5:30 – 6:30 p.m. \$65, or \$53 with CityCard resident discount if registered by March 2. Price increases \$10 from Mar. 3 – 23.

#### [Tiny Sprouts • Mar. 25 – May 1, toddlers to age 3](#)

Little ones, walking toddlers to age 3, will learn to play together with our soft and safe equipment. Parent participation is required. Meets Wednesdays or Fridays, 10:15 - 10:45, at the City Life Gym, 1515 Fairview. The registration fee is \$30/25 with CityCard resident discount.

#### [Super Sprouts Sports Skills • Mar. 27 – May 1, ages 3 – 5](#)

Budding sports stars will develop their coordination while having fun and learning about a variety of sports, balance and movement skills. Includes field trips and Strider bikes along with the classic sports kids love. Parent participation is welcome and encouraged! Meets Fridays at the City Life Gym, 11:15 – 12 p.m. The registration fee is \$60/48 with CityCard resident discount.

(MORE)

FOR RELEASE THROUGH MARCH 29, 2020

### Spring Adult 7v7 Soccer Deadline • Mar. 29, ages 18+

Co-rec, men's and women's leagues, 5-week season, games played weeknights at FMRP Bella Vista synthetic turf, April 6 to May 7. Team fee is \$130 by March 29, \$155 March 30 or after, if space is available.

## Week of March 30

### Jr. Playmakers Ultimate Frisbee Deadline • Monday, March 30, Grades 3 – 8

Kids will love trying a new sport in a supportive team environment! Ultimate is all about the spirit of the game, where good sportsmanship prevails. Kids learn the basics of throwing, catching, and positioning from volunteer coaches. All players receive a free disc and a t-shirt! Registration fee is \$55, or \$45 with CityCard resident discount. The 7-week league meets Tuesdays, April 7 to May 19, at 6 p.m.

### Discovery Corp Afterschool Adventures • Ongoing, grades K-5

We provide afterschool transportation from Chief Charlo, Lewis and Clark, Lowell, Jeannette Rankin, Paxson, Rattlesnake, Russell and provide adventure-filled active programming for your child. Parents pick up at McCormick Park between 5-5:30 p.m. daily. Fee is \$16.50 per day, Share The Fun Youth Recreation Grants available.

### Parents' Night Out at Currents • April 3, ages 7+

Enjoy your dinner date and explore First Friday art events without the kids in tow! Drop the kids at Currents for supervised fun in the pool and a pizza dinner. Meets 5 – 8 p.m., \$15 per child. Also meets April 3.

## Ongoing Programs

- Currents Open Swim
- Currents 7-Day Free Adult Pass City and County residents may sign up for one week free at Currents, new customers only, ages 18+.
- Currents Swim Lessons • Ongoing, all ages Professional, affordable aquatics instruction for ages 6 months through adult at Currents or Splash Montana. Private and small group swim lessons available, email [CurrentsSwimLessons@ci.missoula.mt.us](mailto:CurrentsSwimLessons@ci.missoula.mt.us).
- Currents Swim Squad • Ongoing, ages 6+ Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.

(MORE)

- [Aquacize! at Currents • Ongoing, ages 16+](#) Increase flexibility, improve cardio fitness, and tone muscles in our fun water aerobics classes.
- [Ripples Party Room at Currents](#) Host your next celebration at Currents! Ripples parties feature a variety of affordable party packages and all-day free swim for your guests. Call 721-PARK.
- [Currents Open Kayak Nights • Ongoing, Ages 15+](#) Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. For 15 & up, youth under 15 allowed with direct adult supervision. Meets Tuesdays & Thursdays, 8-10 p.m., through April 30. Regular Currents admission fees apply.
- [Pickleball Open Play and Weekend Round Robin • Ongoing, ages 12+](#) Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors at City Life Gym, 1515 Fairview.
- [Preschool Portable Parties](#) Strider bikes, Loose Parts portable playground and games at the City Life gym, a City park, or your location. Contact Meg Whicher at 552-6271 or [mwhicher@ci.missoula.mt.us](mailto:mwhicher@ci.missoula.mt.us).
- Rent the City Life Gym at 1515 Fairview for your party, sports practice or special event. Contact Meg Whicher at 552-6271 or [mwhicher@ci.missoula.mt.us](mailto:mwhicher@ci.missoula.mt.us).
- [Outdoor Recreation Build Your Own Adventure! • Ongoing, all ages](#) Top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team-building activities. Contact Meg Whicher at 552-6271 or [mwhicher@ci.missoula.mt.us](mailto:mwhicher@ci.missoula.mt.us).

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