

Contact:
Parks Registration Desk
406-721-PARK (7275)
parksrec@ci.missoula.mt.us

600 Cregg Lane
Missoula, MT 59801
www.missoulaparks.org



Missoula Parks and Recreation Public Service Announcement

For immediate release through February 16, 2020

Parks and Recreation fun for the week of February 10

Join Missoula Parks and Recreation this week for [10 and Under Tennis](#), [Super and Tiny Sprouts](#), and so much more!

For more information, visit the links below or check out the [Winter Recreation Guide](#).

Contact us via [email](#), by phone 721-PARK (7275), or stop by Currents Aquatics Center in McCormick Park. Register online at www.missoulaparks.org/register. [Share The Fun Recreation Grants](#) are available for seniors/families who need financial assistance.

Week of February 10

[School's Out Day Camps • Feb. 10, ages 5 - 12](#)

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount, or \$180/\$150 for the week. Also meets Feb. 17, March 13, and March 16-20.

[10 and Under Tennis Feb. 12 – Mar. 11, ages 5-10](#)

An exciting play format for learning tennis! Brings kids into the game with specialized equipment and shorter court dimensions, all tailored to their age and size. It's the fast, fun way to get kids into tennis – and keep them playing. Meets Wednesdays, 4 to 5:30 p.m., at the City Life Gym, 1515 Fairview. Registration fee is \$55 or \$45 with CityCard resident discount.

[Tiny Sprouts • Feb. 12 – Mar. 20, toddlers to age 3](#)

Little ones, walking toddlers to age 3, will learn to play together with our soft and safe equipment. Parent participation is required. Meets Wednesdays or Fridays, 10:15 - 10:45, at the City Life Gym, 1515 Fairview. The registration fee is \$30/25 with CityCard resident discount.

(MORE)

FOR RELEASE THROUGH FEBRUARY 16, 2020

Super Sprouts Sports Skills • Feb. 14 – Mar. 20, ages 3 – 5

Budding sports stars will develop their coordination while having fun and learning about a variety of sports, balance and movement skills. Includes field trips and Strider bikes along with the classic sports kids love. Parent participation is welcome and encouraged! Meets Fridays at the City Life Gym, 11:15 – 12 p.m. The registration fee is \$60/48 with CityCard resident discount.

Missoula Movers Intro to Nordic Ski • Feb. 15, ages 18+

Learn to cross-country ski or improve your technique with these fun clinics. Meets Saturdays, 10 a.m. to 12 p.m. at Currents Aquatics Center, ski location to be determined. Bring lunch, water, weather-appropriate clothing. Rent skis and boots if needed at The Trail Head or Campus Rec. The registration fee is \$22, or \$20 with the CityCard resident discount.

Week of February 17

School's Out Day Camps • Feb. 17, ages 5 - 12

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Fee includes all field trips and equipment. Meets 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount, or \$180/\$150 for the week. Also meets March 13, 16-20.

Swim Like A Mermaid/Tiny Mermaid Class • Register by Feb. 20, ages 3+

Slip your feet into the mono-fin and pull up the swimsuit-material "tail" to glide through the water like a mystical mermaid (or merman!) Kids will improve swimming skills, learn the basics of using a mask, and improve core strength with the "mermaid kick." Ages 6 and up can purchase a mono-fin mermaid tail and ages 3-5 can purchase an open-bottom tail. Meets March 5-6, pricing and more info at www.missoulaparks.org.

Currents Dive-In Movie • February 21, all ages

Join us at Currents at 5 or 7:30 p.m. to watch a current release family movie...in the pool! Admission is \$4 per person, children under 7 must be accompanied in the water by an adult. Advance tickets at Currents Aquatics Center, quantities are limited. Visit our website to find out which mega-hit family movie we're showing! No open or lap swim at Currents after 4:30 p.m. on Feb. 21.

Learn to Play Pickleball Level 1 Clinics • Saturday, February 22, ages 12+

Learn the basics of the game and get ready for open or league play. All necessary equipment (paddles, balls, nets) provided. If you've never played pickleball, this is the place to start. Pre-registration is required, \$6 per session. Meets 10:30 a.m. to 12:30 p.m. at City Life Gym, next clinic is March 7.

(MORE)

Ongoing Programs

- [Currents Open Swim](#)
- [Currents 7-Day Free Adult Pass](#) City and County residents may sign up for one week free at Currents, new customers only, ages 18+.
- [Currents Swim Lessons • Ongoing, all ages](#) Professional, affordable aquatics instruction for ages 6 months through adult at Currents or Splash Montana. Private and small group swim lessons available, email CurrentsSwimLessons@ci.missoula.mt.us.
- [Currents Swim Squad • Ongoing, ages 6+](#) Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.
- [Aquacize! at Currents • Ongoing, ages 16+](#) Increase flexibility, improve cardio fitness, and tone muscles in our fun water aerobics classes.
- [Ripples Party Room at Currents](#) Host your next celebration at Currents! Ripples parties feature a variety of affordable party packages and all-day free swim for your guests. Call 721-PARK.
- [Currents Open Kayak Nights • Ongoing, Ages 15+](#) Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. For 15 & up, youth under 15 allowed with direct adult supervision. Meets Tuesdays & Thursdays, 8-10 p.m., through April 30. Regular Currents admission fees apply.
- [Pickleball Open Play and Weekend Round Robin • Ongoing, ages 12+](#) Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors at City Life Gym, 1515 Fairview.
- [Preschool Portable Parties](#) Strider bikes, Loose Parts portable playground and games at the City Life gym, a City park, or your location. Contact Meg Whicher at 552-6271 or mwhicher@ci.missoula.mt.us.
- Rent the City Life Gym at 1515 Fairview for your party, sports practice or special event. Contact Meg Whicher at 552-6271 or mwhicher@ci.missoula.mt.us.
- [Outdoor Recreation Build Your Own Adventure! • Ongoing, all ages](#) Top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team-building activities. Contact Meg Whicher at 552-6271 or mwhicher@ci.missoula.mt.us.

(END)