

Contact:
Parks Registration Desk
406-721-PARK (7275)
parksrec@ci.missoula.mt.us

600 Cregg Lane
Missoula, MT 59801
www.missoulaparks.org

Parks&Recreation
City of Missoula • 600 Cregg Lane • 721-PARK

Missoula Parks and Recreation Public Service Announcement

For immediate release through January 19, 2020

Parks and Recreation fun for the week of January 13

Join Missoula Parks and Recreation this week for [Adult Snowshoe and Soak](#), [Currents Open Kayak](#), and so much more!

For more information, [email us](#), visit the links below, phone 721-PARK (7275), or stop by Currents Aquatics Center in McCormick Park. Register online at www.missoulaparks.org/register. Learn more in the [Winter Recreation Guide](#). [Share the Fun Youth Recreation Grants](#) are available for families who need financial assistance.

Week of January 13

[Missoula Movers Coffee Walks • Mondays, for active adults](#)

Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. After the walk, enjoy a hot drink with fellow hikers! Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

[Co-Rec Volleyball Open Gym • Jan 13, ages 14+](#)

Open play at the City Life Gym, 1515 Fairview from 7 to 9 p.m., \$6 per person per session.

[Discovery Corp Afterschool Adventures • Ongoing, grades K-5](#)

We provide afterschool transportation from Chief Charlo, Lewis and Clark, Lowell, Jeannette Rankin, Paxson, Rattlesnake, Russell and provide adventure-filled active programming for your child. Parents pick up at McCormick Park between 5-5:30 p.m. daily. Fee is \$16.50 per day, Share The Fun Youth Recreation Grants available.

[Currents Swim Squad • Ongoing, ages 6+](#)

Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.

(MORE)

FOR RELEASE THROUGH JANUARY 19, 2020

Currents Open Kayak Nights • Ongoing, Ages 15+

Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. For 15 & up, youth under 15 allowed with direct adult supervision. Meets Tuesdays & Thursdays, 8-10 p.m., through April 30. Regular Currents admission fees apply.

Missoula Movers Snowshoe and Soak • Jan. 18, ages 18+

Learn to snowshoe or improve your technique with these fun clinics, snowshoes provided or bring your own. Meets Saturdays, 10 a.m. to 12 p.m. at Currents Aquatics Center, snowshoe location to be determined. Bring lunch, water, weather-appropriate clothing. The registration fee is \$48, or \$39 with the CityCard resident discount. Intro to Nordic Ski clinics meet Feb. 8 and 15.

Christmas Ever Green Dec. 26-Jan. 15

Recycle your holiday tree and make a voluntary donation to plant new trees in Missoula. Sponsored by Parks and Recreation, the Street Maintenance Division and Garden City Compost. Drop your Christmas tree for recycling at Playfair Park, McCormick Park, and Fort Missoula Regional Park (36th Ave parking lot) from December 26 to January 15. If you appreciate this service, please consider making a small donation to plant new trees at missoulaparks.org/donate. Residents may also recycle Christmas trees at no charge at Garden City Compost, 1125 Clark Fork Lane, weekdays from 8 a.m. to 4 p.m. No yard waste, garbage, tree stands or decorations, please. Please do not use Parks drop sites after January 15.

Week of January 20

School's Out Day Camps • ages 5 - 12

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount, or \$180/\$150 for the week. Meets Jan. 20, Feb. 10, Feb. 17.

Learn to Play Pickleball Level 1 Clinics • Saturday, January 25, ages 12+

Learn the basics of the game and get ready for open or league play. All necessary equipment (paddles, balls, nets) provided. If you've never played pickleball, this is the place to start. Pre-registration is required, \$6 per session. Meets 10:30 a.m. to 12:30 p.m. at City Life Gym, next clinic is Feb. 8.

Pickleball Open Play and Weekend Round Robin • Ongoing, ages 12+

Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors at City Life Gym, 1515 Fairview.

(MORE)

Ongoing Programs

- [Currents Open Swim](#)
- [Currents 7-Day Free Adult Pass](#) City and County residents may sign up for one week free at Currents, new customers only, ages 18+.
- [Currents Swim Lessons • Ongoing, all ages](#) Professional, affordable aquatics instruction for ages 6 months through adult at Currents or Splash Montana. Private and small group swim lessons available, email CurrentsSwimLessons@ci.missoula.mt.us.
- [Currents Swim Squad • Ongoing, ages 6+](#) Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.
- [Aquacize! at Currents • Ongoing, ages 16+](#) Increase flexibility, improve cardio fitness, and tone muscles in our fun water aerobics classes.
- [Ripples Party Room at Currents](#) Host your next celebration at Currents! Ripples parties feature a variety of affordable party packages and all-day free swim for your guests!
- [Currents Open Kayak Nights • Ongoing, Ages 15+](#) Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. For 15 & up, youth under 15 allowed with direct adult supervision. Meets Tuesdays & Thursdays, 8-10 p.m., through April 30. Regular Currents admission fees apply.
- [Pickleball Open Play and Weekend Round Robin • Ongoing, ages 12+](#) Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors at City Life Gym, 1515 Fairview.
- [Preschool Portable Parties](#) Strider bikes, Loose Parts portable playground and games at the City Life gym, a City park, or your location. Contact Meg Whicher at 552-6271 or mwhicher@ci.missoula.mt.us.
- Rent the City Life Gym at 1515 Fairview for your party, sports practice or special event. Contact Meg Whicher at 552-6271 or mwhicher@ci.missoula.mt.us.
- [Outdoor Recreation Build Your Own Adventure! • Ongoing, all ages](#) Top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team-building activities. Contact Meg Whicher at 552-6271 or mwhicher@ci.missoula.mt.us.

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