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# PUBLIC SERVICE ANNOUNCEMENT

For immediate release through December 31, 2018

## **Parks and Recreation fun through December 31**

From Coffee Walks, to pickleball, to holiday day camps and more, Parks and Recreation offers winter fun for all ages. Learn more and register online at [www.missoulaparks.org](http://www.missoulaparks.org), phone 721-PARK (7275) or stop by Currents Aquatics Center. During inclement weather, call the Parks and Recreation Rainline, 541-7200, after 4:30 p.m. for program updates.

## **This week**

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### **Holiday Gift Idea: Swim Like A Mermaid Class with mermaid tail! Register by Dec. 18 Ages 3+**

Catch the latest aquatics wave with a swimmable mermaid tail! Slip your feet into the mono-fin and pull up the swimsuit-material "tail" to glide through the water like a mystical mermaid (or merman!) Kids will improve their swimming skills, learn the basics of using a mask, and the "mermaid kick" improves core strength. Ages 6 and up can purchase a mono-fin mermaid tail and ages 3-5 can purchase an open-bottom tail. Classes start in January, register by Dec. 18. Details at [www.missoulaparks.org](http://www.missoulaparks.org).

### **Parents' Night Out • Dec. 7, ages 7 and up**

Drop the kids at Currents for supervised fun in the pool and a pizza dinner. Meets Friday, Dec. 7, 5-8 p.m. Registration fee is \$15 per child. Program meets the first Friday of each month.

### **Learn to Play Pickleball Level 2 Clinics • Dec. 8, ages 12+**

Join us for these fun Learn to Play clinics! For ages 12+, registration fee is \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m. at Parks' Sports and Wellness Gym, 1515 Fairview. Level 2 meets Dec. 8, Jan. 12 and Feb. 9.

### **Santa's Calling on Dec. 12 - Register by Dec. 9**

Parents: sign your kids up to receive a call from "Santa's Helpers" at Parks and Recreation between 5-8pm on Wed., Dec. 12. Register by Sun., Dec. 9 by 5pm at [www.missoulaparks.org/register](http://www.missoulaparks.org/register) (Activity #3333700) or [print the registration form](#) and drop by Currents. The program is free, but donations are gratefully accepted. Proceeds benefit youth recreation programming.

## Dec. 10 - 16

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### [Zoo Town Showdown Pickleball Tournament • Register by Dec. 10](#)

Men's, women and mixed doubles tournament is Sunday, Dec. 16 at the Sports and Wellness Gym, 1515 Fairview. You've tested your skills during Open Play...now let's see what you've got in one of our fun indoor tournaments! The registration fee is \$35 for the first registration, additional \$15 per section. Meets approximately 9 a.m. to 5 p.m., depending on number of participants.

### [Missoula Movers Coffee Walks • Mondays, for active adults](#)

Don't spend the winter inside! Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. We'll even provide snowshoes if it snows! After our walks, we'll enjoy hot drinks and good company. Please dress for winter outdoor activity. Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

### [Open Kayak at Currents • Dec. 11 - 20, ages 15 and up](#)

Bring your cleaned and scoured boat to work on your roll skills. This program will provide pool access to those who want to keep their paddling skills sharp through the off-season. Bring your own cleaned kayak/paddle/skirt/life jacket. Regular admission fee, meets 8 – 10 p.m.

### [Learn to Play Pickleball Level 1 Clinics • Dec. 15, ages 12+](#)

Join us for these fun Learn to Play clinics! Parks and Recreation staff and/or Zoo Town Pickleball players will be on hand to teach you the basics of the game and get you ready to attend our Open Play sessions and/or League Play. All necessary equipment (paddles, balls, nets) will be available to use during the clinic. If you've never played pickleball, this is the place to start. Pre-registration required. For ages 12+, registration fee is \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m at Parks' Sports and Wellness Gym, 1515 Fairview. Level 1 meets Dec. 15, Jan. 5, Jan 19.

## Dec. 17 - 23

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### [Free! Sign up for Kiwanis Basketball • Register by Dec. 17, grades 6-8](#)

Parks and Recreation is hosting Kiwanis Basketball sign-ups this year. It's the same great free program for boys and girls in grades 6-8...Parks and Recreation will sign you up and Kiwanis will do the rest! Season runs January-March and games are weekday evenings. Register by Dec. 17 online or give us a call at 721-PARK. For more information, please visit [missoulakiwanis.com](http://missoulakiwanis.com).

### [Currents Dive-In Movie • December 21](#)

Join us at Currents on Friday, Dec. 21, at 5 or 7:30 p.m. to watch a current release kids' movie...in the pool! Admission is \$4 per person, children under 7 must be accompanied in the water by an adult. Advance tickets at Currents Aquatics Center, quantities are limited. Visit our website to find out which mega-hit family movie we're showing! No open or lap swim at Currents after 4:30 p.m. on Dec. 21.

## Dec. 24 - 30

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### [Currents Holiday Aqua-Discovery Day Camp • Dec. 26-28 and Jan 2-4, ages 5+](#)

Kids ages 7 and up will have a splashing good time at Aqua-Discovery Camp! Includes instruction in Snorkel and Fin, Water Polo, basic Lifeguard/CPR/First Aid skills, and other exciting aquatics activities. Bring your lunch for the first 4 days, and we'll celebrate on Friday with a pizza party. Camp fees include towels for the week, Friday lunch, and all activities and equipment. Meets 8am - 5:30pm. Registration fee is \$112.50 per 2-day session, or \$90 with CityCard resident discount.

### [School's Out Day Camps • Dec. 26 – 28 and Jan. 2-4, ages 5 - 12](#)

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets Dec. 26-28, Jan. 2-4; 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount.

### [Witbit Obstacle Course at Currents • M/WF, Dec. 24 – Jan. 4](#)

Climb and play to your heart's content on our Witbit floating obstacle course. The Witbit is a fun, physical challenge for swimmers of all ages and abilities. Wibit is in the water from 2 p.m. to 4 p.m. on Mondays, Wednesdays and Fridays, Dec. 24 to Jan. 4. **Currents will close at 4 p.m. on Dec. 24.**

### [Christmas Ever Green • Dec. 26-Jan. 15](#)

Recycle your holiday tree and make a voluntary donation to plant new trees in Missoula. Drop sites: Playfair and McCormick Park and Fort Missoula Regional Park West. Co-sponsored by Garden City Compost. No yard waste, garbage, tree stands or decorations please. Please do not drop trees after January 15.

### [Celebrate First Night at Currents • December 31](#)

Enjoy a free swim with a First Night button from 2 to 6 p.m. Celebrate 2019 with a wild ride on a waterslide! Try out the Wibit floating obstacle course from 2 to 4 p.m. or warm up in the sparkling spa. Children ages 6 and under, and non-swimmers, must be accompanied in the water by an adult.

## Dec. 31 – Jan. 6

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### [First Night at Currents - Dec. 31](#)

Free swim at Currents Aquatic Center with a First Night button from 2 to 8pm. Celebrate 2019 with a wild ride on a waterslide! Try out the Wibit floating obstacle course from 2-4pm or warm up in the sparkling spa. **Children ages 7 and under must be accompanied by an adult.**

**[Currents Holiday Aqua-Discovery Day Camp • Jan 2-4, ages 5+](#)**

Kids ages 7 and up will have a splashing good time at Aqua-Discovery Camp! Includes instruction in Snorkel and Fin, Water Polo, basic Lifeguard/CPR/First Aid skills, and other exciting aquatics activities. Bring your lunch for the first 4 days, and we'll celebrate on Friday with a pizza party. Camp fees include towels for the week, Friday lunch, and all activities and equipment. Meets 8am - 5:30pm. Registration fee is \$112.50 per 2-day session, or \$90 with CityCard resident discount.

**[School's Out Day Camps • Jan. 2-4, ages 5 - 12](#)**

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets Dec. 26-28, Jan. 2-4; 8 a.m. to 5:30 p.m., location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount.

**[Witbit Obstacle Course at Currents • M/WF, Dec. 31 – Jan. 4](#)**

Climb and play to your heart's content on our Witbit floating obstacle course. The Witbit is a fun, physical challenge for swimmers of all ages and abilities. Witbit is in the water from 2 p.m. to 4 p.m. on Mondays, Wednesdays and Fridays, Dec. 24 to Jan. 4. **Currents will close at 4 p.m. on Dec. 24.**

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## Coming Soon!

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**[10 and Under Tennis • Jan. 2 – Feb 6, ages 5 – 10](#)**

Ten-and-under tennis brings kids into the game with specialized equipment and shorter court dimensions, all tailored to their age and size. It's the fast, fun way to get kids into tennis – and keep them playing. Meets Wednesdays, Jan. 2 to Feb. 6, from 4 to 5:30 p.m. at Parks and Recreation's Sports and Wellness Gym, 1515 Fairview. Registration fee is \$55, or \$46 with CityCard resident discount. Session 2 meets Feb. 13 – Mar. 20.

**[Parents' Night Out • Jan. 4, ages 7 and up](#)**

Enjoy your dinner date and explore First Friday art events without the kids in tow! Drop the kids at Currents for supervised fun in the pool and a pizza dinner. Meets Friday, Jan. 4, 5-8 p.m. Registration fee is \$15 per child.

**[Learn to Play Pickleball Level 1 Clinics • Jan. 5, ages 12+](#)**

Parks and Recreation staff and/or Zoo Town Pickleball players teach you the basics of the game and get you ready to attend our Open Play sessions and/or League Play. All necessary equipment (paddles, balls, nets) will be available to use during the clinic. If you've never played pickleball, this is the place to start. Pre-registration required. For ages 12+, registration fee is \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m. at Parks' Sports and Wellness Gym, 1515 Fairview. Level 1 meets Jan. 5, Jan 19, Feb. 2.

**[Currents Inner-Tube Water Polo League • Register by Jan. 10, ages 16 and up](#)**

Fun, exciting and best of all... you don't need a lot of experience to be competitive! Currents' Inner-Tube Water Polo is pure recreation. Sit in the tube, pass the ball, and score. Five player co-rec teams square off in the water in tournament play. Games are two 12-minute halves. Teams are comprised of 5 players; including at least 2 males and 2 females. Meets Sundays, Jan. 13 - Mar. 10, 6-9 p.m. Register by Jan. 10; fee is \$80 per team. Late registration is accepted if space available. Rosters at Currents or [online](#).

**[Currents Video Swim Stroke Analysis • Jan. 14, ages 16+](#)**

For fitness swimmers, triathletes and anyone wishing to improve their swimming performance: Refine your technique through video analysis. Swimmers are filmed above and below the water, and coaches share tips and recommend drills for improved speed and endurance. Meets Jan. 14, 8:30 a.m. to 12 p.m. Registration is \$20 or \$16 with CityCard resident discount.

## On-going Programs

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**[Currents Open Swim • Ongoing, all ages](#)**

Currents Aquatics Center is open for open/recreation swim Mon. - Friday 10 a.m. to 8 p.m., Saturdays 11 a.m. to 7 p.m. and Sundays 11 a.m. to 6 p.m. Lap swim schedule and more info at [missoulaparks.org](http://missoulaparks.org).

**[Private Swim Lessons at Currents](#)**

Private instruction geared to each swimmer's specific needs. Individual or small group lessons available—when convenient for you! Create your own class with a few friends, or sign up for one-on-one personalized instruction. Email us at [CurrentsSwimLessons@ci.missoula.mt.us](mailto:CurrentsSwimLessons@ci.missoula.mt.us) or stop by Currents to schedule your private lessons today.

**[Aquacize! at Currents • Ongoing, ages 16+](#)**

Increase flexibility, improve cardio fitness, and tone muscles in our water aerobics classes. All fitness levels welcome, no swimming skill required. Drop-in class, no pre-registration needed. Purchase a 30-swim punch card or annual pass and save 25-55%! Meets Monday through Saturday.

**[Currents Swim Squad • Ongoing, ages 6+](#)**

For youth who can swim the length of the pool without stopping and are looking for new challenges in the water. Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment. Meets T/Th, Sept. 11 - Dec. 4, 4:15 - 5:15 p.m.; at Currents Aquatics Center, join any time. Fee for 10 practices is \$30, or \$25 with CityCard resident discount.

**[Pickleball Open Play • Ongoing, ages 12+](#)**

Join us for active, fun, and social Open Play sessions! Beginner to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors. Some open play sessions are designated by skill level. Monthly schedules at [www.missoulaparks.org](http://www.missoulaparks.org).

**Discovery Corp Afterschool Camp • Ongoing, grades K-5**

Sign up for adventure-filled active programming for your child—keeping kids engaged, moving and exploring. We provide afterschool transportation, provide a healthy snack, and facilitate an amazing activity. Meets weekdays, choose the days your child attends. Pick-up available at Paxson, Russell, Lewis and Clark, Chief Charlo, Lowell, Rattlesnake, or drop your child at Currents. Visit [missoulaparks.org](http://missoulaparks.org) for details.

**MORE Build Your Own Adventure! • Ongoing, all ages**

Our outdoor recreation program offers top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team building activities. Our highly trained professional staff will lead your group adventure in rafting and kayaking, rock climbing, mountain biking, folf, high and low ropes course, team building and much more. Contact Meg Whicher, Outdoor Recreation Specialist, at 552-6271 or [mwhicher@ci.missoula.mt.us](mailto:mwhicher@ci.missoula.mt.us) for more information.

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